

# SCOTTY'S LITTLE SOLDIERS MILITARY SPECIFIC SUPPORT

Scotty's Little Soldiers exists to support children and young people who have experienced the death of a parent who served in the British Armed Forces. We support those aged 0-25 years old regardless of their parent's cause of death or whether they were serving at the time of their death or not.

When Scotty's are unable to provide the help needed, the below charities and organisations might be able to offer you the support you need. Please contact them regarding the financial and emotional support you may be seeking.

# **TRI-SERVICE SUPPORT**



#### Soldiers, Sailors, Airmen and Families Association (SSAFA)

They provide information on a range of topics and also offer financial support.

Helpline: ForcesLine 0800 260 6767 (09:00 - 17:30, Monday to Friday)

Email: www.ssafa.org.uk/get-help/forcesline Website: www.ssafa.org.uk/get-help/forcesline



# Royal British Legions (RBL)

They will undertake a basic needs assessment via phone or live chat online. They cover many support areas including debt, substance misuse, housing, finance etc. If they cannot support directly, they are able to signpost.

Helpline: 0808 802 8080 (open from 8am–8pm every day and online chat) Website: www.britishlegion.org.uk



#### Cobseo The Confederation of Service Charities

Cobseo The Confederation of Service Charities represents the whole Serving and Veterans Community. Details of a range of Charities who promote and further the welfare and general interests of the Armed Forces Community.

Website: www.cobseo.org.uk/members/directory



# Forces Support

Their aim is to ensure that the parents, widows and children of families bereaved through military death can access practical support throughout the UK. They provide general maintenance around the home and garden. To apply for support you must be a parent, partner or child of a serviceman or woman who died whilst in service with the UK Armed Forces. The death can be through accident, conflict, illness or suicide.

Website: www.forcessupport.org.uk

# **BREAKS/HOLIDAYS**



#### Give Us Time

Give Us Time takes commercially let accommodation donated by owners of holiday groups, hotels, holiday homes and timeshares, and matches them with military families in need of rest, rehabilitation and reconnection with their families. Eligibility: Families of servicemen and women who have been killed in action since 2005

Website: www.giveustime.org.uk



#### FAB

Families' Activity Breaks provide fun and challenging activity camps around the UK for bereaved Military families.

Eligibility: If your child is 19 years old or younger on the first day of camp and has suffered the loss of a parent or family member while serving in the British Armed Forces.

Website: www.fabcamps.org.uk

# SUPPORT SPECIFIC TO ARMY FAMILIES



## **Army Families Federation**

The independent voice of Army families.

Helpline: 01264 554004 (8am-7pm Monday-Thursday, and 8am-5pm on Fridays)

Email: contact@aff.org.uk

Website: www.aff.org.uk/advice/family-life/bereavement



#### **Army Widows**

Helps members with information about pensions, savings and tax issues, through signposting. When required, they direct widows to support agencies and they have a private Facebook page where information and support is available.

Website: www.armywidows.org.uk



## **ABF The Soldiers Charity**

The national charity of the British Army providing support for every soldier, veteran and their family for life.

Helpline: 0207 9018900

Email: supportercare@soldierscharity.org

Website: www.soldierscharity.org

# SUPPORT SPECIFIC TO NAVY FAMILIES



### Navy Families Federation

Offers help, support, information and advice.

Helpline: 02392 654374 Email: contactus@nff.org.uk Website: www.nff.org.uk/



## Naval Children's Charity

Support for those who served in the Navy and have a child or children up to and including the age of 25.

Helpline: 023 9263 9534

Email: caseworkers@navalchildrenscharity.org.uk Website: www.navalchildrenscharity.org.uk



## Royal Navy Royal Marines Widows

Provide friendship, support, guidance and comfort to those who have experienced the trauma of bereavement.

Website: www.rnrmwidows.org

# SUPPORT SPECIFIC TO RAF FAMILIES



#### RAF Families Association

Offers support for the RAF community.

Helpline: 0800 018 2361 Email: enquiries@rafa.org.uk Website: www.rafa.org.uk/



#### **RAF** Families Federation

Provides an independent voice for all personnel and all of their families.

Helpline: 01780 781650 (Mon- Fri 10am until 3pm)

Email: enquiries@raf-ff.org.uk Website: www.raf-ff.org.uk/



#### RAF Benevolent Fund

Support all serving and former members of the RAF as well as their partners and dependent children.

Helpline: 0300 102 1919 (between 9am-5pm Monday-Thursday and 9am-4pm on

Friday)

Email: welfarenavigators@rafbf.org.uk

Website: www.rafbf.org/



## RAF Widows Association

A national charity for those people whose spouse or partner served in the RAF; or those who themselves serve or served and whose spouse or partner died whilst they were serving. Aims to provide friendship, practical and emotional support to men and women — married or not, with or without children, whatever their sexual orientation as they adjust to life after the death of their spouse or partner.

Website: www.rafbf.org/raf-widows

