SCOTTY'S LITTLE SOLDIERS

The charity for bereaved British Forces Children

A GIFT IN YOUR WILL... ...WILL PROVIDE FOR THEIR FUTURE



* LITTLE*

SUPPORTING THE CHILDREN OF OUR FALLEN HEROES

WWW.SCOTTYSLITTLESOLDIERS.CO.UK REGISTERED CHARITY NO. 1170528

AUSTEN & COOPER

Their dad, SSGT. Christopher Hargreaves served in the Army. He died in February 2017.

"My dad was serving in the Army when he took his own life. This is me with my younger brother Cooper. Scotty's means everything to me."

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INTRODUCTION

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Scotty's Little Soldiers supports children and young people who have experienced the death of a parent who served in the British Armed Forces. We provide relief from the effects of bereavement through advocacy and emotional wellbeing support. Because the death of a parent affects children throughout their childhood, we've made a promise to walk beside them for the whole journey, right up until they reach the age of 25.

I'm so proud of how far Scotty's has come since the charity was set up in 2010, following the death of my husband Corporal Lee Scott. After seeing the devastating impact Lee's death had on our two young children, I wanted to support others

in a similar situation. The charity is currently providing assistance to hundreds of bereaved Forces children and young people around the UK and services offered include guidance to parents and carers, access to professional child bereavement support, personal education and learning assistance (including grants) and fun activities such as holiday respite breaks and group events. These are all designed to remind the children and young people supported by Scotty's that they are not alone.

> Thanks to the kindness of our supporters, the charity is currently providing holistic bereavement support to over 500 Forces children. We estimate that there are in excess of 1,000 children and young people who may require an aspect of our service and we're on a mission to reach as many of them as possible.

Nikki Scott Founder

Scotty's founder, Nikki Scott, set up the charity after her husband, Corporal Lee Scott, was killed in action in Afghanistan in 2009, leaving behind two young children - Kai was five and

Brooke was just seven months.

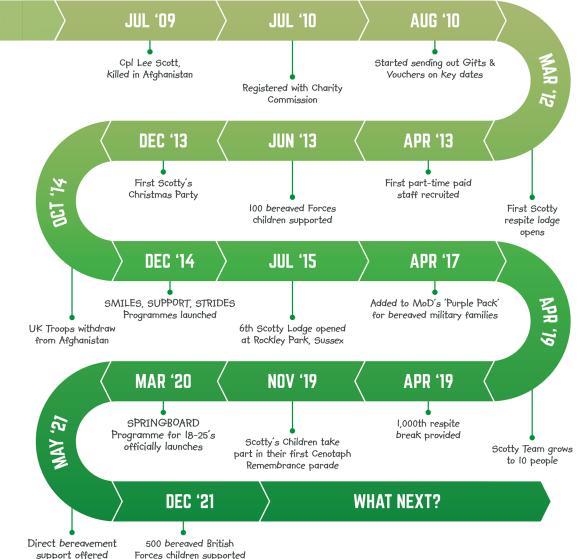
HOW

WE

BEGAN

Nikki witnessed the devastating impact on her young children, particularly Kai. He completely changed as a little boy. He became really withdrawn, had horrific nightmares and wasn't the happy child he once was.

It was on a family holiday some nine months after Lee's death that Nikki saw Kai smile for the first time since he'd been told his daddy wouldn't be coming home. Nikki realised there must be so many more children who had also experienced the death of a parent who served in the British Armed Forces but hadn't had that opportunity to smile again. She decided to set up Scotty's Little Soldiers to do just that, to help their children smile. That was back in 2010 and since then Scotty's has continued to grow and the support available has developed to ensure hundreds of bereaved Forces children have access to the support they need and that they don't feel alone.



inhouse

OUR MISSION

#HelpTheirChildrenSmile

To provide relief from the effects of bereavement to young people who have experienced the death of a parent who served with the Armed Forces of the Crown.

OUR PROMISES

WE WANT EVERY BEREAVED FORCES CHILD TO HAVE:

- 01. Access to the very best health and well-being support
- 02. Outstanding development opportunities
- 03. The chance to smile again

Everyone who walks

supporter should be

treated like a V.I.P.

OUR CORE VALUES



FAMILIES COME FIRST

Our beneficiaries are the sole reason we are here. For every decision we make and every action we take, we ask ourselves how this takes us closer to completing our Mission.



LOVE WHAT YOU DO EVERYONE A SUPPORTER. **EVERY SUPPORTER A V.I.P**

When you truly love what through our doors has the you do it shouldn't feel like potential to support the work, and when it doesn't charity. Without that feel like work you can achieve great things. We our Mission. Everyone is a potential supporter & every one goal, our Mission.



REMEMBER EVERYDAY

For our beneficiaries Remembrance isn't just one day of the year, it's everyday of the year. We remember the sacrifices made by these families,

SUPPORT FOR THEIR FUTURE

Scotty's offer tailored bereavement support throughout a child's life and into adulthood. Grief doesn't go away; it changes over time. It comes in stages and isn't a straight-line. Children and young people grieve just as much as adults, but they show it in different ways, and each journey is unique. This is Lucie's iournev:

2 YEARS

5 YEARS

9 YEARS



LUCIE

Lucie's Dad served in the Army for 12 years and completed various tours during his career. He was diagnosed with PTSD whilst serving and, due to his mental ill health, took his own life just before leaving the Army. Lucie was 18 months old at the time of her dad's death.

CHALLENGE

- Explaining death to Lucie, as she continually asks where her Daddy is.
- Changes in Lucie's behaviour. including bedwetting and anger outbursts.
- Increasingly anxious when away from mum.
- Starting school.
- Separation anxiety when away from mum.
- Lucie asking guestions about how her dad died.

Emotional outbursts at home and school.

- Concern about Lucie's academic attainment.
- Lucie refuses to stay overnight with friends.

SCOTTY'S INTERVENTION

- Support and guidance to parent/carer around impact of bereavement on young children.
- Liaison with Pre-school.
- · Recommendation of books and resources.

New School Grant.

- 1:1 bereavement support.
- Guidance around suitable books and resources to help Lucie.
- 1:1 bereavement support and toolkits.
- · Liaise with school around academic achievement.
- Encouraging Lucie to meet peers at Scotty's, e.g. Christmas party.

LEAVING A GIFT TO SCOTTY'S WHAT YOU NEED TO KNOW!

After your loved ones have been provided for, please consider leaving a gift in your Will to Scotty's Little Soldiers. Every gift, no matter what size, could go a long way to secure essential services for bereaved British Forces children and young people for many years to come.

MAKING YOUR WILL

WORDING FOR YOUR WILL

A Will is one of the most important documents in your life. It means you can distribute your estate according to your wishes, look after your loved ones and leave your legacy on the world.

We recommend you use a solicitor or Will writing service to draft your your Will.

Qualified solicitors will ensure your wishes are carried out exactly as you wish, and provide advice on other important elements of Will making, such as inheritance tax.

TYPES OF LEGACY GIFTS

There are 3 main gifts you may think about leaving:

Pecuniary gift: a specific amount of money.

Residuary gift: a percentage of your estate, once your loved ones and expenses have been taken care of.

Specific gift: an object like a piece of jewellery or a set of collectable items.

If you would like to leave a gift to Scotty's in your Will, here's some wording we suggest:

Estate: "I give___% share/all of my estate to Scotty's Little Soldiers, Registered Charity no. 1170528, of 21 Bergen Way, King's Lynn, Norfolk. PE30 2JG to be used for charitable purposes."

Fixed amount or specific item(s):

"I give the sum of £___ / the specific gift of my ____ to Scotty's Little Soldiers, Registered Charity no. 1170528, of 21 Bergen Way, King's Lynn, Norfolk. PE30 2JG to be used for charitable purposes."

CAN I CHOOSE WHERE I WOULD LIKE MY GIFT TO BE USED?

We use gifts where it will make the biggest difference to bereaved military children and young people. We do understand however, that you may like your money to go to a specific area of our work and that can of course be arranged. You can contact our Supporter Team if you'd like to discuss a specific gift.



45-year-old Lainey lives in County Durham with her 13-year-old daughter Megan. She knows first-hand the difference Scotty's Little Soldiers makes to bereaved Forces children and young people, as Megan has been a member of Scotty's since 2018 following the death of her dad, Warrant Officer Nathan Hunt.

"Explaining to my nineyear-old that her daddy was gone and would never be coming home was devastating. There was nothing I could do to take away her pain. Not long after Nathan's death, I was told about Scotty's Little Soldiers. I was a bit unsure at first but I sent them an email and they called me and explained what they could do for us. Megan didn't know any other children in her position, so I thought it might help, and the charity has helped us enormously and remind Megan she's not alone.

I chose to leave Scotty's in my will because they literally think of every way in which they can utilise the donations to benefit the Scotty's Little Soldiers members, in such great ways. Providing school grants so that they can go on fun educational trips, learn new lessons and skills, along with never forgetting a birthday or Christmas. Every gift each child receives is tailored to their personality and likes, the thought that

goes into each present is heart-warming. Donations can put a smile on a child's face, and this is why I have made sure Scotty's Little Soldiers will be a part of my will. I want to know that when I have passed away, other bereaved military children are benefiting from the same kind of support Megan has received, and Scotty's Little Soldiers will do this.



WARRANT OFFICER NATHAN HUNT

KEEP IN TOUCH

We completely understand that your Will is a private and personal matter, but we would love to know if you have included Scotty's so we can say a big thank you and keep you updated about our work and news.

If you have any questions or would like an informal, confidential chat about the charity or legacies, please call the Supporter Team on 0800 0928571 or email legacy@scottyslittlesoldiers.co.uk

CHANGING YOUR WILL TO INCLUDE SCOTTY'S LITTLE SOLDIERS

MAKING CHANGES TO AN EXISTING WILL

- 1. Find the latest version of your Will.
- 2. Decide on the changes you want to make.
- 3. Write a Codicil:

A Codicil is a document used to make small changes to a Will, such as a change in the amount of a gift of money, or the addition of an executor or gift, without needing to redraft the whole document. Your solicitor will let you know about the options available to you.

Suggested Wording:

"I *(name)* of *(address)* create this Codicil dated *(date)*, to amend my existing Will, dated *(date of will)*.

I give *(all/sum/percentage/item)* to Scotty's Little Soldiers, Registered Charity no. 1170528, of 21 Bergen Way, King's Lynn, Norfolk. PE30 2JG to be used for charitable purposes."

- 4. Sign and have your written Codicil witnessed.
- 5. Keep the Codicil with your Will.

IN MEMORY GIFTS

A lot of people express their funeral wishes in their Will, for example instead of flower tributes they would like a collection for charity. This can be a welcome chance for your loved ones to do something positive at a time of great sadness.

There is no reason not to include your funeral wishes in your Will, but bear in mind they are not legally binding and your family may have begun making funeral arrangements before your Will has been retrieved, so any wishes may only be seen after the funeral has taken place. For this reason, it is prudent to create a separate document, like a funeral plan or a Letter of Wishes.

DID YOU KNOW?

Charitable legacies are exempt from Inheritance Tax meaning every penny of your gift will go towards providing support to bereaved British Forces children and their families. We recommend you contact a solicitor, accountant or Will writing service to find out more!

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48-year-old Simon served with the 2nd Royal Tank Regiment for 23 years. He lives in March in Cambridgeshire with his wife Melloney, his daughter Abigail and his son MJ. He has fundraised for Scotty's for several years, raising thousands of pounds for the charity.

"Scotty's is a charity that is very close to my heart. I served with Corporal Lee Scott for many years and know Scotty's founder, Nikki, and her children personally, so I've always wanted to do what I can

to support them. I want to do my bit to help put smiles back on the faces of not just Lee's children but all children and young people who have experienced the death of a parent who served, and know through Scotty's Little Soldiers they are getting the support they need.

I have included Scotty's in my will because I want to make sure that in years to come bereaved Forces children will still be benefiting from the support provided by Scotty's, and that we can continue putting smiles on the faces of our fallen heroes' bereaved children."



SIMON WHITTAKER WITH NIKKI SCOTT'S CHILDREN

WHAT SCOTTY'S MEMBERS SAY



Caitlin

"My dad was serving in the Army when he died. This is a photo of me at Scotty's Christmas party. It was so much fun and made me laugh a lot."

Ben

"My dad was killed in Afghanistan. I was honoured and so proud to lay the wreath at the Cenotaph on behalf of all our Members at the national Remembrance parade."





Cooper

"My dad was serving in the Army but died when I was just 3 years old. This is me with my older brother Austen. I love Scotty's so much because they always remember me."

Evie

"My dad was serving in the Army when he died. This is a photo of me at my first ever Scotty's Christmas party. I made lots of friends and love Scotty's very much."





George

"My dad was serving in the RAF when he died. I miss him very much. Scotty's help me not feel so sad."

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